

Point Relief™ Be Better™ exercise therapy & pain relief kits



Point Relief® Be Better™ exercise therapy and pain relief kits are the affordable way to exercise at home or to maximize the benefits of in-clinic therapy. Use the CanDo® color-coded exercise products to target and strengthen specific body areas, and use the Point Relief® topical sprays for fast, cooling pain relief.

General Rehab Kits

- 10-5160 shoulder rehab & pain kit
- 10-5161 general rehab / Light
- 10-5162 general rehab / Moderate

Targeted Rehab Kits

- 10-5165 lower back
- 10-5166 shoulder
- 10-5167 neck
- 10-5168 knee / hip
- 10-5169 hand / wrist
- 10-5163 lower body



Point Relief™ ColdSpot™ and HotSpot™ topical analgesics

Point Relief® ColdSpot™ and HotSpot™ pain relief sprays and gels are made from all natural ingredients and provide fast, temporary relief from minor muscle and joint pains and sprains. ColdSpot™ has a cool peppermint scent and comes in sprays, gels and a roll-on. HotSpot™ has a warming cinnamon scent and comes in gels and a flip cap bottle.

ColdSpot™

- 11-0730-1 4 oz gel tube
- 11-0730-12 4 oz gel tube (12)
- 11-0730-144 4 oz gel tube (144)
- 11-0710-1 16 oz gel pump
- 11-0711-1 32 oz gel pump
- 11-0712-1 1 gal gel pump
- 11-0731-1 4 oz hands free gel tube
- 11-0731-12 4 oz hands free gel tube (12)
- 11-0731-144 4 oz hands free gel tube (144)
- 11-0720-1 3 oz roll-on
- 11-0720-12 3 oz roll-on (12)
- 11-0720-144 3 oz roll-on (144)
- 11-0700-1 2 oz spray
- 11-0700-12 2 oz spray (12)
- 11-0700-144 2 oz spray (144)
- 11-0701-1 4 oz spray
- 11-0701-12 4 oz spray (12)
- 11-0701-144 4 oz spray (144)
- 11-0702-1 16 oz spray
- 11-0740-100 5 gr dispenser box
- 11-0750-24 8 mL wipe (box of 24)



HotSpot™

- 11-0780-1 4 oz gel
- 11-0780-6 4 oz gel (6)
- 11-0780-24 4 oz gel (24)
- 11-0781-1 8 oz gel pump
- 11-0781-12 8 oz gel pump (12)
- 11-0782-1 32 oz gel pump
- 11-0783-100 5 gr dispenser box

Point Relief™ Be Better™ Kits & ColdSpot™ HotSpot™ analgesics

