



Versa MD Leg Press

MD-S70

The Versa MD Leg Press features a carriage lockout and gas-assisted foot platform, allowing medical professionals to quickly and easily change or restrict the range of motion to prevent overextension. Integration of band hooks increases exercise variation and training style by introducing elastic resistance to rehabilitation and progression programs.

- Retractable foot rest keeps the client's off leg clear of moving parts while performing one-leg exercises
- Large informational placards provide clear adjustment and progression instructions
- Optional incremental weight allows increases as small as 0.9 kg / 2 lbs to help clients of all ability levels see real progress
- Optional accessory package includes a heel cup, wedge block and wire mount to provide a greater variety of specific exercises
- Optional step stool helps those with physical limitations enter or exit the leg press more easily and safely
- Optional force plate holder lets individuals connect a third-party device to measure the left- and right-foot force applied, ideal for clients striving to build balance
- Carriage lockout and range-of-motion limiter restrict carriage movement for isometric contractions while protecting clients from overextending
- Range of motion limiter prevents movement of the carriage beyond a determined point
- One-handed foot platform adjustment allows easy range of motion changes from the seated position
- Adjustable shoulder pads and flat-to-incline (2.5°-78°) gas-assisted seat back provide flexible progressions and comfortable use for clients of all sizes
- Low starting weight of 2.63 kg / 5.8 lbs offers gradual progression
- Therapist foot platform adjustment allows range of motion changes from a standing position outside the machine
- Band hooks make it easy to add external resistance bands for elastic and plyometric training
- Stack disconnect allows free movement of the carriage without additional resistance, ideal for deconditioned, rehabbing and injured clients

ADJUSTMENTS	
RANGE OF MOTION START ADJUSTMENT	Gas assisted foot platform adjustment, 13 positions, dual adjustment (user or therapist)
SEAT BACK ANGLE ADJUSTMENT	Yes, 8 positions (2.5°, 15.5°, 28°, 38°, 48°, 58°, 68° and 78°)
COLOR POINTS OF ADJUSTMENT	Yes
WEIGHT STACK DISENGAGEMENT	Yes
SHOULDER PAD HEIGHT ADJUSTMENT	11 positions
SHOULDER PAD WIDTH ADJUSTMENT	Yes
BAND ATTACHMENT POINTS	Yes, 4
RANGE OF MOTION LIMITATION	27 positions

FRAME & CABLES	
CABLE TRANSMISSION	Internally lubricated cables & fittings
MACHINE ANCHORING	2
AVAILABLE UPHOLSTERY COLOR	Black, American Beauty Red
AVAILABLE FRAME COLOR	Iced Silver, Matte Black, Gloss Black, Lace White, Polarized Titanium
FRAME FINISH	Proprietary two-coat powder process

TECH SPECS	
OVERALL DIMENSIONS (L X W X H)	263.7 x 121.9 x 188.3 cm / 103.8" x 48" x 74.2"
MODES OF OPERATION	Isometric, Loaded Isometric, Isotonic, Plyometric, Elastic
MAX USER WEIGHT	159 kg / 350 lbs
PRODUCT WEIGHT	372 kg / 820 lbs

USER AMENITIES	
FOOT PLACEMENT ZONES	Yes, 6 positions
REAR PLACARDS	Color-coded machine identification & machine specific stretching
PERSONAL STORAGE	Storage Area
FRONT PLACARDS	Color-coded machine identification & machine specific stretching
PLACARD COLOR CODING	Blue (lower body)

WEIGHT STACK	
MAX TRAINING WEIGHT	139.6 kg / 308 lbs
WEIGHT STACK GUARDING	Full front and rear shields
WEIGHT STACK	136 kg / 300 lbs
INCREMENTAL WEIGHT SYSTEM	.9, 1.8, 2.7, 3.6 kg / 2, 4, 6, 8 lbs (Optional)