

FREEMOTION®

# GENESIS™

**DUAL CABLE CROSS LITE**

MODEL # G424

## **CABLE STRENGTH GENESIS™**

Slightly smaller than the iconic original, the Dual Cable Cross Lite is ideal for rehab facilities, studios, hospitality, rec centers, and more. Featuring the same impressive flexibility and total-body workout as the traditional machine, this modified version also allows exercisers to push, pull, twist, bend, squat, and lunge their way to health – all with one piece of equipment. The counterbalanced arms make it effortless to change positions and target any muscle in the body, while the open design makes it wheelchair accessible and welcoming for all body types. With a dual weight stack and generous cable travel, the Dual Cable Cross Lite is effective at working all planes, all directions, and all abilities.



## GENESIS™ DUAL CABLE CROSS LITE

### PRODUCT FEATURES

#### ENDLESS POSSIBILITIES

Each independently rotating arm has more than 100 unique positions to accommodate virtually any movement pattern. Each arm is also counterbalanced for quick and easy positioning.

#### MOVE HOW YOU WANT TO

Extended cables allow for full exercise extension and a wide range of travel while providing a smooth resistance. Each Cable is 89 in / 218 cm.

#### ENCLOSED DUAL WEIGHT STACKS

Enclosed weight stacks (210 lbs / 95.2 kg each) limit access to moving parts for safety. Dual independent stacks allow two users to workout simultaneously.

#### SWIVEL PULLEYS

The pulley design creates fluid cable travel and a nearly unlimited range of motion.

#### PERSONALIZE YOUR WORKOUT

Unilateral arms move independently to create single or dual-arm exercises that build strength with balance and symmetry.

#### INDUSTRIAL CONSTRUCTION

Built with 11 and 7-gauge steel and electrostatically powder-coated, this machine is built to last.

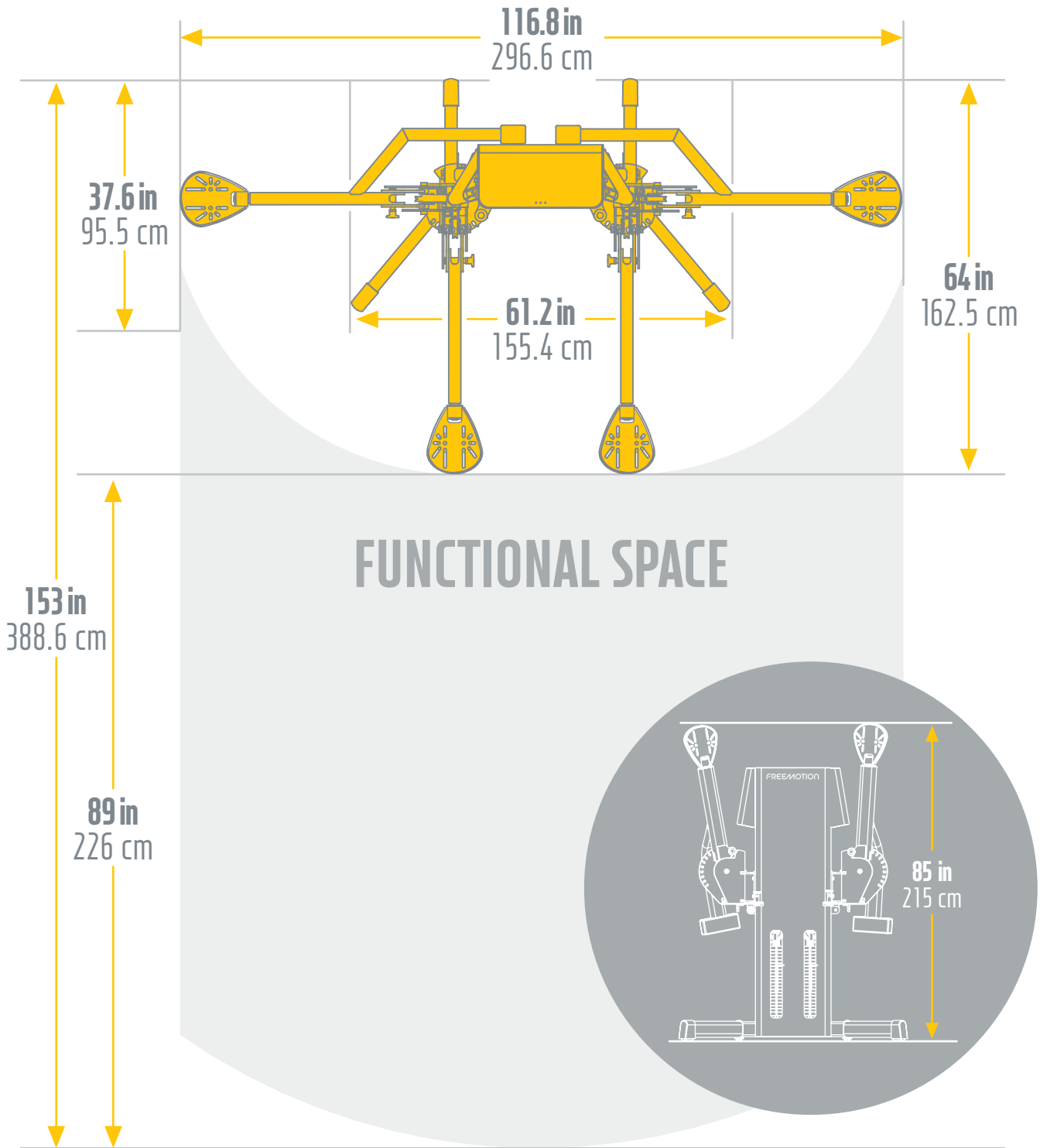
#### WHEELCHAIR ACCESSIBLE

An open design makes this piece wheelchair accessible and welcoming to users of all fitness levels.

### SPECIFICATIONS

Dual Weight Stacks	Each Stack: 210 lbs / 95.2 kg
Effective Resistance	3:1 cable ratio with 3.3 lbs / 1.4 kg per plate, 70 lbs / 31.8 kg per stack
Cable Travel	Each Side: 89 in / 218 cm
Rubber Feet	Molded floor protectors
Standard Frame Colors	Platinum Sparkle, Red Baron, Black River, Flat Black, White River
Optional Frame Colors	On Request
Product Dimensions No Arms Extended (L x W x H)	38 x 62 x 74 in 96.5 x 157.8 x 189 cm
Product Dimensions Max Arm Extension (L x W x H)	65 x 113 x 85 in 165.1 x 287 x 215 cm
Shipping Dimensions (L x W x H)	75 x 34 x 30 in 190.5 x 86.4 x 76.2 cm
Machine Weight	925 lbs / 420 kg
Wheelchair Accessible	Yes
Regulatory Approval	EN957, CE

# DUAL CABLE CROSS LITE #G424



Product Dimensions | Max Arm Extension (L x W x H) 65 x 113 x 85 in / 165.1 x 287 x 215 cm

# WARRANTIES

<b>CARDIO: HIGH-USAGE - 22, 10, &amp; 8 SERIES</b>	<b>US &amp; CANADA</b>	<b>INTERNATIONAL</b>
Frame (not including coatings), Drive Motor	7 Years	7 Years
Parts and Console	2 Years	2 Years
Labor	1 Year	1 Year
Cosmetic & Wear Items*	6 Months	6 Months
<b>CARDIO: LOW-USAGE - 22, 10, &amp; 8 SERIES**</b>	<b>US &amp; CANADA</b>	<b>INTERNATIONAL</b>
Frame (not including coatings), Drive Motor	7 Years	7 Years
Parts and Console	3 Years	3 Years
Labor	3 Years	1 Year
Cosmetic & Wear Items*	6 Months	6 Months
<b>TV ATTACHMENTS</b>	<b>US &amp; CANADA</b>	<b>INTERNATIONAL</b>
MYE Digital LCD TV	3 Years	3 Years
MYE TV Controller & Wireless Receiver	2 Years	2 Years
MYE Wireless Transmitter	5 Years	5 Years
<b>INDOOR BIKES</b>	<b>US &amp; CANADA</b>	<b>INTERNATIONAL</b>
Frame (not including coatings)	7 Years	7 Years
Belt	5 Years	5 Years
Parts and Console	2 Years	2 Years
Labor	1 Year	1 Year
Cosmetic & Wear Items*	6 Months	6 Months
<b>FUSION</b>	<b>US &amp; CANADA</b>	<b>INTERNATIONAL</b>
Frame (not including coatings)	10 Years	10 Years
Parts	2 Years	2 Years
Ropes and Labor	1 Year	1 Year
Cosmetic & Wear Items*	6 Months	6 Months
<b>STRENGTH/BENCHES/RIGS/RACKS/ATTACHMENTS</b>	<b>US &amp; CANADA</b>	<b>INTERNATIONAL</b>
Frame (not including coatings)	10 Years	10 Years
Parts	3 Years	3 Years
Cables and Labor	1 Year	1 Year
Cosmetic & Wear Items*	6 Months	6 Months
Upholstery & Padding	120 Days	120 Days
<b>FREE WEIGHTS</b>	<b>US &amp; CANADA</b>	<b>INTERNATIONAL</b>
Urethane-coated Weights (repair or replace at our discretion)	3 Years	3 Years
Rubber-coated Weights (repair or replace at our discretion)	2 Years	2 Years

\*Includes Non-warning Decals, Deck Rails, Pulse Grips, USB, Audio Jack, Handrails, Motor Hood, Fan Levers, Water Bottle Holders, Pedals, Pedal Straps, Seats, Handles/Levers/Knobs, Hand Grips, Removable Trays, Weight Pins, Springs, Belts (except Walking Belts), Accessories, Rust on Any Metal Components.

\*\*For non-dues paying facilities with machine usage of 6 hours or less per day.