



Includes RecoveryAir PRO Boots with Pump

RecoveryAir PRO

Pneumatic Compression System
Fully customizable pneumatic compression system.

Safe. Customizable. Fast.

The RecoveryAir PRO gives you total control to create the most customizable pneumatic compression experience in recovery. With the RecoveryAir PRO, you can choose from a selection of four unique inflation cycles. Use RecoveryAir PRO's TruGrade Technology™ to adjust pressure independently in each chamber with pin-point accuracy. Tailor the settings of any program, save as many as you want for later, and also share your programs with other RecoveryAir users. Or let the RecoveryAir PRO guide you through one of four preset programs. When it comes to superior pneumatic compression, the RecoveryAir PRO is your upgraded solution for enhanced recovery.

What Is Pneumatic Compression?

RecoveryAir's pneumatic compression is "mechanical massage", built to boost circulation, decrease swelling, and reduce muscle soreness and fatigue.

- Benefits:**
- Boosts circulation
 - Reduces muscle soreness
 - Decreases swelling and stiffness
 - Relieves muscle fatigue

Features:

60 second full flush
FastFlush Technology



4 internal overlapping chambers
Superior, hygienic design



Precise pressure control
Safe & effective



PRO Mode
Ultimate customization



4 preset programs
Self-guided treatments



4 inflation cycles
Personalized experience every time



Additional Features:

- 4 time intervals (10 min. - 90 min. in steps of 5min or continuous)
- Pressure hold time variation (1 - 10 sec.)
- Pressure release time variation (10 - 60 sec.)
- Gradient Zone Control
- Basic & PRO Program Sharing
- My Recovery Stats Tracking
- Bluetooth connectivity
- 240 minutes of battery life

Specs:

Dimensions:
9.2 in (L) x 5.6 in (W) x 6.1 in (H) 4.72 lbs

Precision:
Adjustable Pressure Range (20-100 mmHg)
in increments of 5 mmHg*

Gradient Type:
Full Negative

Decompression:
Full and Rapid Release

Cycle Time:
60 second full flush
(2-3x the speed of competitors)

Material:
Medical-grade coated fabric

*Adjustable pressure changes via the Therabody app
in increments of 5 mmHg

What's Included:
RecoveryAir PRO pump
Pair of compression boots
Blocker plug (for single garment use)
DC power adapter
Pump pouch
Boots pouch

Compression Boots Sizing Guide

Boot Size	Height	Length Range	Max Width
Small	5'-5'5" 152-169cm	27"-33.5" 70-85cm	27.6" 70cm
Medium	5'6"-6' 170-183cm	31.5"-37.5" 80-95cm	31.5" 80cm
Large	6'-6'6" 183-198cm	35.5"-41" 90-105cm	31.9" 81cm

If you are in-between sizes, we recommend sizing down to ensure the best fit

The PRO Difference

Wireless smart control

4 preset programs can be extensively customized to your needs via Bluetooth® in the Therabody app.

Guided treatment programs

Stagger your treatment over time with interval mode, focus pressure on a particular zone of the limb with isolation mode, and more.

Tailor treatment programs

Recommended programs can be adjusted by time, session length, cycle pattern, and pressure in increments of 1 mmHg.

Save and share

Tailor the settings of any program and save as many as you want for later. Share your personalized programs with other RecoveryAir users, trainers, or health professionals easily through the Therabody app.

TruGrade Technology

RecoveryAir's TruGrade Technology™ creates precise pressure, starting from your feet moving toward your heart, to temporarily increase circulation to the treated area.

FastFlush Technology

Aids in recovery by completing one full cycle in just 60 seconds. 2-3x faster than competitors

Create your full-body recovery experience.

Compatibility: RecoveryAir PRO Compression Half Jacket
RecoveryAir PRO Compression Pants
RecoveryAir Compression Sleeve
(each sold separately)