

Versa MD Adjustable Pulley

MD-AP

The Versa MD Adjustable Pulley features low starting weight and incremental weight changes, helping injured or deconditioned clients get started and progress quickly. Single-handed height adjustment allows for easy transition between 35 clearly numbered adjustment points, providing maximum training versatility.

- Optional Inclusive Fitness Initiative (IFI) kit accommodates clients with physical, visual or cognitive disabilities and qualifies the unit for IFI compliance
- 1:2 pulley ratio provides smooth operation while reducing momentum and lengthening the cable travel for maximum training versatility
- Optional balance bar provides a handle for increased stability during exercise and an attachment point for resistance bands
- Optional medical handrail kit provides support for stability exercises and an attachment point for resistance bands
- Optional wheel transport kit makes it quick and easy to move the unit as necessary
- Optional incremental weight allows increases as small as 0.45 kg / 1 lb. to help clients of all ability levels see real progress
- 35 clearly numbered adjustment points provide exercise variety and aids in precise repeatability
- One-handed pulley adjustment offers easy operation
- Low starting resistance helps injured or deconditioned clients begin exercise
- Large informational placards provide clear adjustment and progression instructions for medical professionals and clients working independently

ADJUSTMENTS

1-HANDED PULLEY ADJUSTMENT

Yes

FRAME & CABLES

CABLE TRAVEL

201cm / 79"

MACHINE ANCHORING LOCATIONS

3

AVAILABLE FRAME COLOR

Iced Silver, Matte Black, Gloss Black, Lace White, Polarized Titanium

FRAME FINISH

Proprietary two-coat powder process

CABLE TRANSMISSION

Internally lubricated cables & fittings

TRANSPORTATION WHEELS

Yes (Optional)

TECH SPECS	
OVERALL DIMENSIONS (L X W X H)	107.2 x 125.0 x 228.0 cm / 42.2" x 49.3" x 89.8
PRODUCT WEIGHT	174 kg / 384 lbs
ROM POSITIONS	35
MAX USER WEIGHT	N/A

USER AMENITIES	
COLOR CODED POINTS OF ADJUSTMENT	Yes
BALANCE BAR	Yes (Optional)
MEDICAL STABILITY HANDLES	Yes (Optional)
PLACARD COLOR CODING	Yellow (upper body), Blue (Lower Body), Green (Core)
IFI COMPLIANT	Yes (Optional Kit)

WEIGHT STACK	
MAX TRAINING WEIGHT	71.6 kg / 158 lbs
WEIGHT STACK GUARDING	Full front and rear shields
STARTING WEIGHT	2.3 kg / 5 lbs.
INCREMENTAL WEIGHT EFFECTIVE RESISTANCE	.45, .9, 1.35, 1.8 kg / 1, 2, 3, 4 lbs
INCREMENTAL WEIGHT SYSTEM	.9, 1.8, 2.7, 3.6 kg / 2, 4, 6, 8 lbs
WEIGHT STACK EFFECTIVE RESISTANCE	34 kg / 75 lbs
WEIGHT STACK	68 kg / 150 lbs