



# FZ<sup>10</sup>

EASILY ADJUSTABLE -  
WITH GAS ASSIST ADJUST FROM 15  
DEGREE DECLINE TO 35  
DEGREE INCLINE

EXTREMELY STABLE -  
DUAL DOWNTUBE FRAME DESIGN

GENEROUS AND DURABLE PADDING -  
FOR COMFORT AND LONG LIFE

# FZ BENCH

FREWEIGHT/BODYWEIGHT



HEIGHT : 3'-4" (FLAT)  
WEIGHT : 132 LBS

FZ-10 ADJUSTABLE AB BENCH