



# FZ<sup>8</sup>

ADJUSTABLE THIGH PADS -  
ACCOMMODATE A WIDE RANGE OF HEIGHTS

SPLIT PAD DESIGN -  
MAXIMIZES COMFORT

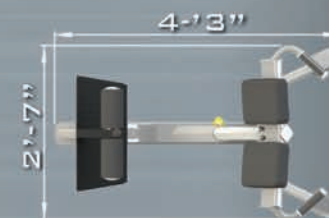
GENEROUS FOOT PLATE -  
AND ROLLERS COMFORTABLY CRADLE USER  
IN POSITION DURING EXERCISE

ERGONOMICALLY PLACED HANDLES -  
ALLOW EASY LIFT SUPPORT

WALK THROUGH DESIGN -  
FOR EASY ACCESS

# FZ BENCH

FREEWEIGHT/BODYWEIGHT



HEIGHT : 2'-11"  
WEIGHT : 82 LBS

## FZ-8 45 DEGREE BACK EXTENSION