

**LINK**  
DUAL FUNCTION



**LD<sup>2</sup>**

TELESCOPING CHEST PAD

DUAL HANDGRIPS

GAS ASSISTED SEAT

HOLD-DOWN ROLLERS

SWIVELING HIGH PULLEY

200 LB. WEIGHT STACK

EXERCISE DEMO VIA  
INTEGRATED QR CODE



3'-8"



5'-11"



HEIGHT : 7'-0"  
WEIGHT : 505 LBS

**LD-2 MID ROW/LAT PULL DOWN**