

RESOLUTE™ STRENGTH SELECTORIZED

# Lateral Raise

RSL0504



Resolve to make your selectorized strength equipment purchase with confidence—choose the Resolute™ Strength line from Precor. It delivers on what matters most: your investment will withstand the test of time.

The design of the Resolute Strength Lateral Raise allows exercisers to easily adjust the seat height from a seated position to ensure shoulders are properly aligned with the pivot points. The upright, open design makes the Lateral Raise easy to enter and exit.



# Lateral Raise

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## Product Features

### PROVEN BIOMECHANICS

The fixed position and inward orientation of the handles on the Resolute Series Lateral Raise ensure the exerciser maintains proper positioning as they work their deltoid muscles during the movement.

### DESIGNED TO GO THE DISTANCE

The upholstered pads of the Resolute Lateral Raise underwent 1.2 million cycles of testing to ensure that this machine will be a durable workhorse for any facility. Over-sized steel tubing lends a sleek, contemporary shape, and contributes to a more durable product.

### FOCUSED ON THE EXPERIENCE

Isolating the deltoid muscles requires correct positioning to prevent shoulder impingement. The gas-assisted adjustable seat helps exercisers align their shoulder joints to the pivot points so that they're properly loaded during the movement.



## Specifications

**Dimensions (L x W x H):** 54 x 49 x 58 in / 137 x 124 x 148 cm

**Weight Stack Tower Height:** 58 in / 148 cm

**Product Weight:** 510 lb / 231 kg

**Weight Stack:** 160 lb / 73 kg

**Warranty:** Visit [www.precor.com](http://www.precor.com) for warranty terms.

## Color Options\*

### Frame



Black Pearl



Gloss Metallic Silver



Gloss White\*\*



Flame Red\*\*

### Upholstery



Black

### Additional Upholstery Options\*\*



Lite Grey



Graphite



Slate



American Beauty



Candy Apple



All Spice



Bucksuede



Burgundy



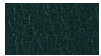
Royal Blue



Blue Jay



Chocolate



Hunter Green

\*Custom frame colors are available, subject to minimum order quantities and extended lead times.

\*\*Additional lead time applies.

• Additional upholstery options may have longer lead times. Please contact a sales representative.  
• Colors may vary.

\*\* Additional lead time applies.

### Shroud



Tungsten

\*Custom shroud wraps are available at an additional cost.