

DISCOVERY™ STRENGTH PLATE LOADED

Chest Press

DPL0540



The Discovery Strength Plate Loaded Chest Press features independent movement arms and converging pushing angles to increase the range of motion of the exercise. The progressive strength curve gradually increases force at the end of the movement when the exerciser is in the strongest position, allowing for increased muscle engagement.

Precision-engineered for durability and peak performance, Discovery Strength Plate Loaded products are made to impress and built to last. With optimised movement paths, intuitive design, and a high load capacity, these strength-training machines deliver results for exercisers of all abilities, giving you the confidence to invest in strength that performs.



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Product features

INDEPENDENT MOVEMENT ARMS

Designed to demand greater balance and core muscle engagement, the independent arm resistance and converging pushing angles increase the range of motion.

PRESSING HANDLES

Oversized 3.8 cm handles make pressing exercises more comfortable by distributing the load over a larger area of the exerciser's hand, reducing strain.

RATCHETING SEAT ADJUSTMENT

The ratcheting, gas-assisted seat adjustment features an ergonomic, over-moulded rubber adjustment handle, making it easy and comfortable for exercisers to get the right fit.

WEIGHT STORAGE HORNS

Six weight horns are positioned at an optimal height for easy loading and unloading of weights and provide storage for over 360 kg of weight plates.

INSTRUCTIONAL PLACARD

Easy-to-understand, large, text-free illustrations demonstrate correct form at a glance and a QR code links to a helpful 30-second instructional video.



Specifications

Dimensions (L x W x H): 110 x 170 x 176 cm

Product weight: 160 kg

Starting weight: 5.5 kg

Weight storage horns: 6

Max. lift load capacity: 204 kg

Recommended plates: 2 x 2.5 kg, 2 x 5 kg, 2 x 10 kg, 4 x 20 kg

Frame and finish: Heavy-duty steel tubing is welded in all structural areas to withstand the most demanding training environments. Powder-coated frame.

Warranty: Visit www.precor.co.uk for warranty terms.

Colour options*

Frame



Black Pearl

Gloss Metallic Silver



Gloss White**

Flame Red**

Upholstery



Black

Additional upholstery options**



Lite Grey

Graphite

Slate

American Beauty

Toffee Apple

All Spice

Bucksuede

Burgundy

Royal Blue

Blue Jay

Chocolate

Hunter Green

*Custom frame colours are available, subject to minimum order quantities and extended lead times.

** Additional lead time applies.

• Additional upholstery options may have longer lead times. Please contact a sales representative.
• Colours may vary.

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