



## Portable, Automated Leg Stretcher

The Perfect Leg Stretcher provides a measurable stretch with perfect positioning, administering similar techniques utilized in physical therapy.

**Improving flexibility and range of motion in your hamstring, calf and hip flexor muscles as part of a regular exercise program.**

- + Controlled stretch with perfect positioning.**  
The ankle is held in a neutral position, the knee set straight, and the opposite leg flat down. The pelvis is held in an anterior tilt, stretching the superior portion of the hamstring most effectively.
- + See measurable progress with each session.**  
The digital display will show the current angle of the raised hip and how long the stretch has been held.
- + Range of motion limit** reduces the risk of over-stretching or tearing of hamstring muscles.
- + Minimize fatigue and stress on a physical therapist.** Frees up time and optimizes sessions.
- + For the complete stretching program, go to [perfectlegstretcher.com](http://perfectlegstretcher.com)**



The user can control the stretch with the remote and digital display.



Hip locator button on the main unit helps the user achieve correct positioning.



Emergency stop button conveniently placed on the back of the main unit.



Wheel accessory available for easier portability.

